

To the girl in my mirror

by Alexis Rainey

Stop telling me we are the same

You are

Bold

Beautiful

Carefree.

You wear your curls

Like a badge of honor

Like you're telling the world,

"This is my uncontrollable blessing that you are privileged to see."

We are not the same.

You wear whatever you want

And praise your body for being there and doing what it should.

To the girl in my mirror

I see you when I tame your blessing

I see you when I cover the body that isn't good enough.

I see you when you break down

Because being strong isn't always strong enough.

To the girl in my mirror

Stop telling me we are the same.